



Gwynnae Byrd

When I lost my mother a few years ago, I was charged with handling her estate in the midst of my grief. As I went through that overwhelming process, friends and colleagues shared similar stressful

experiences in handling an elderly parent's affairs, whether the parent was moving from the family home, or had passed on. All of us had one thing in common — the incredible stress involved in managing so many aspects of a loved one's life. I thought, "Wouldn't it be great if there was someone I could trust to handle these things for me?"

I decided to become that person.

So, I changed careers, started a business as a Professional Home Organizer, and became certified as a Relocation and Transition Specialist for Seniors.



As an attorney for over 18 years, I refined the ability to listen to a client's needs and then develop and implement a plan to achieve his or her goals. I bring those skills to this business to help clients retain control over their lives while facilitating a smooth transition from one living environment to another.

**Home Transitions is about reducing the stress that comes with life transitions.**

For more information, please go to [www.SacHomeTransitions.com](http://www.SacHomeTransitions.com).

*“Gwynnae earned my trust right away. She was flexible, and handled my mom's move with respect and grace. From dealing with the movers to helping us make decisions, to taking our donations to a place that we support, I truly felt like she had our best interests at heart.”*

— Barbara M., Sacramento



Declutter - Simplify - Breathe

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[www.SacHomeTransitions.com](http://www.SacHomeTransitions.com)

916 202-1297



*Are you an older adult who needs to relocate or modify your current home to adapt to a new lifestyle?*



*Do you have an elderly loved one in the Sacramento area who needs to move to another type of housing?*

**Home Transitions can help!**



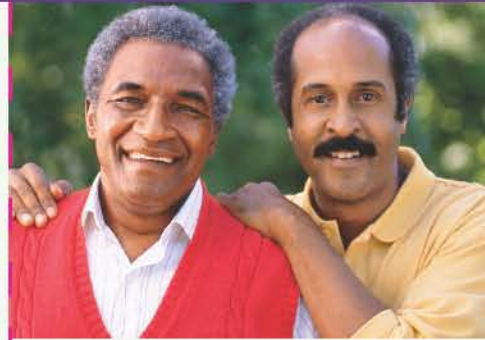
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# Home Transitions is about reducing the stress that comes with life transitions.



## A lifetime of possessions...

Many older adults making a life transition have not moved in 30, 40 or 50 years and need to downsize considerably. The organization and physical tasks associated with planning and implementing such a move can be overwhelming. Moving is stressful, but may be even more challenging for seniors experiencing issues such as: chronic illness, reduced mobility, mild memory impairment, complex family dynamics and the anxiety that accompanies major life changes.



## Relocation and Transition Specialist services include:

- An in-home assessment
- An overall move plan
- Customized space planning
- Organizing, sorting and downsizing the home
- Arranging for the disposal of unwanted items through auction, estate sale, consignment or donation
- Managing movers, contractors and other third parties
- Arranging packing, storage and shipping
- Unpacking and creating the new home environment
- Managing related services, such as cleaning, waste removal, shopping, senior escort, assisting with selection of a realtor and helping to prepare the residence for sale
- Age-in-Place home modifications



## Certified. Experienced. Secure.



As a Certified Relocation and Transition Specialist, I am trained to professionally manage all aspects of your move, support you throughout the process, and ensure that you maintain control over the process. I carry liability insurance, have passed a criminal background check, and am guided by the CRTS Code of Conduct. You can feel confident that I will handle your home transition with respect, dignity and integrity. I will be your advocate, and a resource for you and your family. My goal is for you to feel comfortable and secure in your new home.

I look forward to working with you!

*Gwynnae Byrd*